

WISDOM OF EMPTINESS

Teachings with **Ian Coughlan**



Hospice of Mother Tara
Monday 12, 19 & 26 July
7 - 8:30 pm

Nothing exists independently, yet in our daily life, we don't apply this seemingly simple understanding.

With practice, the Buddha's teachings on Wisdom and Emptiness allow us to enjoy, and more fully experience, every aspect of our lives regardless of the changing world we live in.

Ian Coughlan was a monk for twenty years and studied at Sera Je Monastery in southern India to become a Geshe. Ian is employed as a translator for the Institute of Tibetan Classics, is a research fellow at Monash Asia Institute in Melbourne, has been a keynote speaker at the *Mind and Its Potential* conferences, and has taught at many centres around Australia. We welcome Ian back to Hospice of Mother Tara and look forward to him sharing his wisdom and life experiences with us.

Suitable for students with some experience, but all interested students are welcome.

\$15 per session (\$12 memb/conc)

Register by Fri 9 July



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